



GLOBAL JOURNAL OF HUMAN-SOCIAL SCIENCE: A  
ARTS & HUMANITIES - PSYCHOLOGY  
Volume 24 Issue 4 Version 1.0 Year 2024  
Type: Double Blind Peer Reviewed International Research Journal  
Publisher: Global Journals  
Online ISSN: 2249-460X & Print ISSN: 0975-587X

## Analysis of the Color Scheme of Residential Premises

By Sidorova Olena Ihorivna & Skiba Sofiia Serhiivna

*National Aviation University*

**Annotation-** The article deals with the importance of colour among populations of several different countries around the world, choices of colour schemes in residential interiors of these countries, as well as common and distinctive features in colour schemes of interiors.

The purpose of the study is to examine, compare and analyse the colour schemes of residential interiors in Japan, Germany, Finland and Ukraine.

**Methodology:** The main methods of the study are the following: empirical, theoretical and empirical-theoretical. The empirical method includes observation, comparison, and generalisation. The theoretical method encompasses: progressing from the abstract to the concrete, abstraction, concretization, identification, and differentiation.

Much of the work was carried out using empirical and theoretical methods, in particular, comparative analysis, induction, and deduction.

**Keywords:** colour, living space, colour scheme of interiors, culture, meaning of colours, traditions, Japan, Finland, Germany, Ukraine.

**GJHSS-A Classification:** LCC NK2115



*Strictly as per the compliance and regulations of:*



RESEARCH | DIVERSITY | ETHICS

# Analysis of the Color Scheme of Residential Premises

Sidorova Olena Ihorivna <sup>a</sup> & Skiba Sofiia Serhiivna <sup>a</sup>

**Annotation-** The article deals with the importance of colour among populations of several different countries around the world, choices of colour schemes in residential interiors of these countries, as well as common and distinctive features in colour schemes of interiors.

The purpose of the study is to examine, compare and analyse the colour schemes of residential interiors in Japan, Germany, Finland and Ukraine.

**Methodology:** The main methods of the study are the following: empirical, theoretical and empirical-theoretical. The empirical method includes observation, comparison, and generalisation. The theoretical method encompasses: progressing from the abstract to the concrete, abstraction, concretization, identification, and differentiation.

Much of the work was carried out using empirical and theoretical methods, in particular, comparative analysis, induction, and deduction.

Induction is the process of deriving knowledge from facts to a specific hypothesis. Deduction is the process of deriving knowledge from general to particular and to consequences from premises.

**Results:** While this study is not intended to cover all the features and subtleties of colour preferences of different peoples and cultures, it does provide an understanding of some of the differences and commonalities in the colour schemes of residential interiors in several countries that the authors have chosen for comparison and analysis. This analysis is only the beginning, which allows us to see just the tip of the iceberg and requires further research. On the one hand, we have considered aspects of the colour scheme of interiors that emphasise the differences in cultures, climate, and materials favoured by designers and architects of the countries selected for analysis. On the other hand, the identified features are standard to several interiors from different countries, which are a manifestation of common global trends in interior design that cross national borders. The researchers investigated what colours designers use to fill the living environment in Japan, Finland, Germany, and Ukraine.

**Scientific Novelty:** It has been found that the colour scheme of housing interiors in countries around the world depends on history, cultural traditions, geographical location and environmental features of different regions and reflects the national character and outlook of the people. Designers try to achieve harmony with the local nature and prefer natural colours as the primary colours. The accent colours are traditional colours for each country, which have a specific positive symbolic meaning.

**Author a:** Senior Lecturer, National Aviation University, Kyiv, Ukraine.  
e-mail: dhara.astro@gmail.com, orchid: 0000-0002-4611-2150

**Author a:** National Aviation University, Kyiv, Ukraine.  
e-mail: sofiskiba@gmail.com

**Practical Significance:** The peculiarities of colour in the interiors of residential premises in different countries, revealed as a result of the study, can help practicing designers design more perfect interiors in terms of colour and conscious use of traditional symbolic colours characteristic of certain regions.

**Keywords:** colour, living space, colour scheme of interiors, culture, meaning of colours, traditions, Japan, Finland, Germany, Ukraine.

## I. INTRODUCTION

One of the most critical problems in interior design is a professional, meaningful and reasonable use of colour that considers culture, psychology and colour preferences of different nations.

The use of colour in design plays a vital role in creating interiors, as colours affect mood, well-being and even worldview. Using specific colours and their combinations, designers have the opportunity to develop unique emotional impressions, influence the mental state of a person, emphasise on spatial elements, create a positive mood and a creative friendly atmosphere. A properly selected colour scheme in the interior of residential premises allows you to feel the peculiarities of national character and authenticity, which will help designers make interiors more informative, comfortable and unique.

## II. ANALYSIS OF PREVIOUS STUDIES

Gurney D.'s [6] research is dedicated to the relationship between colour and light. Gavin E. [5] studied the history of colour. Kuno N. [15] examined the combination of colours in practice.

Eisemann L. [2] studied the psychological features of colours, the influence of colours on emotions and their interaction. Pyle D. [16] examined the use of colour in interior design, developed practical tips for interiors of various functional purposes. Dodsworth S., Anderson S. [10] studied colour combinations in design and how colours affect the perception of space. Gill M., McCauley M., McCauley M., Kasabian A. [9] and Reagan SL, Poore D., [18] developed a practical approach to using colours in interior design to create a harmonious interior.

However, traditional symbolic meaning of colour in interior of different countries as well as common and distinctive features of modern interiors require further research.



### III. RESULTS AND DISCUSSION

The emotional and psychological impact of colour plays a significant role in our lives. Since the ancient times, prominent scientists and artists have been tried inventing a universal system of harmonious

colour combinations in art, design, and architecture. As a result, a colour wheel and several schemes of harmonious colour combinations were developed (Fig. 1).

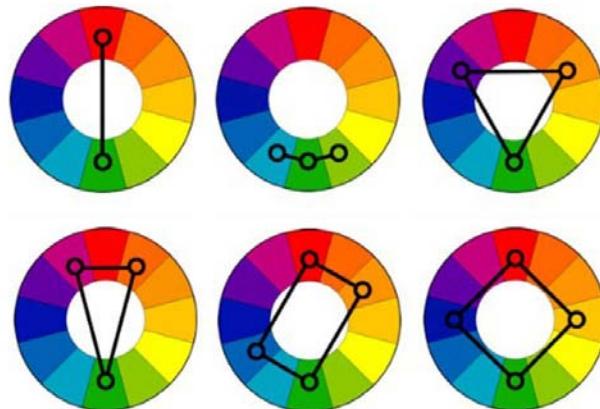


Fig. 1: Schemes of Harmonious Colour Combinations.

On the other hand, doctors and psychologists have studied the impact of colours on the physical and mental state of a person. Red excites, raises blood pressure, accelerates blood circulation, encourages active action and quickly tires.

Orange improves mood and increases appetite. Blue and green are calming. Yellow increases mental activity, promotes communication and intellectual activity.

So, it seems it is better to decorate kitchens and dining rooms in orange, bedrooms in blue and green, offices, living rooms and children's rooms in yellow.

But it is essential to keep in mind that the population of each country has its unique associations with specific colours. The same colour has completely different meanings in different countries. In Ukraine, Finland and Germany, red is associated with love and life-giving power; in China, it symbolises happiness, good luck a festive mood; in Japan, it scares away evil forces; in the interior, it is used together with white stripes to mark festive areas. In kabuki theatre, red

stripes on the actors' faces represent justice, and blue stripes, on the contrary, represent crime.

In Ukraine, Finland and Germany, white is associated with purity, peace, joy and marriage, while in Japan it symbolises not only spiritual and physical purity, wisdom, but also grief and old age. In Buddhism, white means death. In Europe, black is the colour of the earth and sadness, in the Arab world it indicates a successful marriage, and in China it represents honesty.

For many Slavic peoples, yellow is considered the colour of betrayal, jealousy, in America it means frivolity, and in Japan, China and India, yellow is an extremely positive and noble colour and is associated with the Sun, wealth, and gold.

When choosing a colour scheme for their home interiors, the Japanese are limited to a monochrome colour scheme with one bright accent. The primary colours are grey or brown with different shades, featuring white or milk colours of geometric lattice screens, partitions and accent red (Fig. 2,3,5).

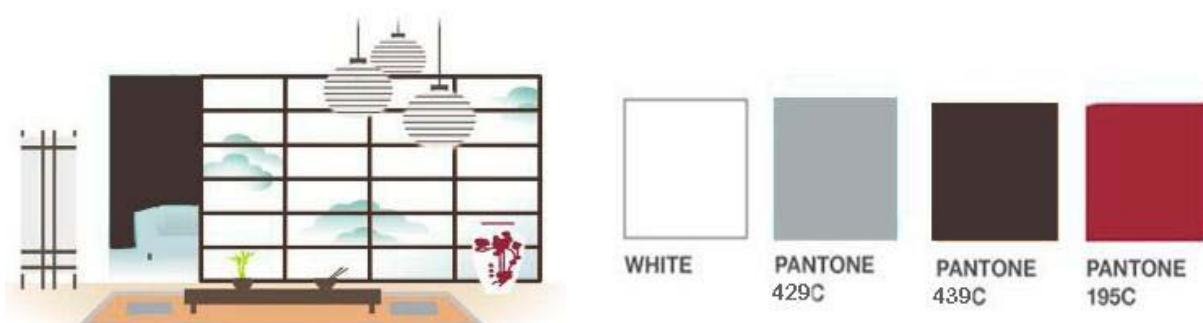


Fig. 2: The Colour Scheme of the Japanese Interior.



*Fig. 3:* Mishima House by Keiji Ashizawa Design (2010) Despite being located in the centre of Tokyo, the apartment provides privacy for the owners, as all private rooms are located on the closed lower floors, while the living room, library, and study are located on the third level and, although they have large panoramic windows, frosted glass protects the residents from excessive attention from the outside world. The severity and restraint of the interior is emphasised by the steel beams under the ceiling, dark grey colour scheme with red accents.

The characteristic features of Japanese interiors are minimalism, the use of natural materials, especially wood, restrained grey, white and brown colours (Fig. 4).



*Fig. 4:* Interior by Suppose Design (2009) in Kamakura.



*Fig. 5:* House S. Keiji Ashizawa Design (2011) in Tokyo.

One of the most important features of Japanese residential interiors is unity with nature: panoramic windows, plastic natural forms (Fig. 6).





Fig. 6: Shell Villa by ARTTechnic Architects (2008) A Shell-shaped Villa in the Middle of a Forest in Kitasako, Nagano.

The colour scheme of Finnish interiors reflects the cold, harsh climate (white and grey) on the one hand, and the warmth of wood with all shades of golden brown on the other. It is associated with the interiors of

Alvar Aalto, grey concrete and various shades of natural wood. The main colours are white, grey, brown with terracotta or green accents (Figures 7, 8, 9, 10).



Fig. 7: The Colour Scheme of the Finnish Interior.



Fig. 8: Meyer's Villa (1939) by Alvar Aalto in Normarke.

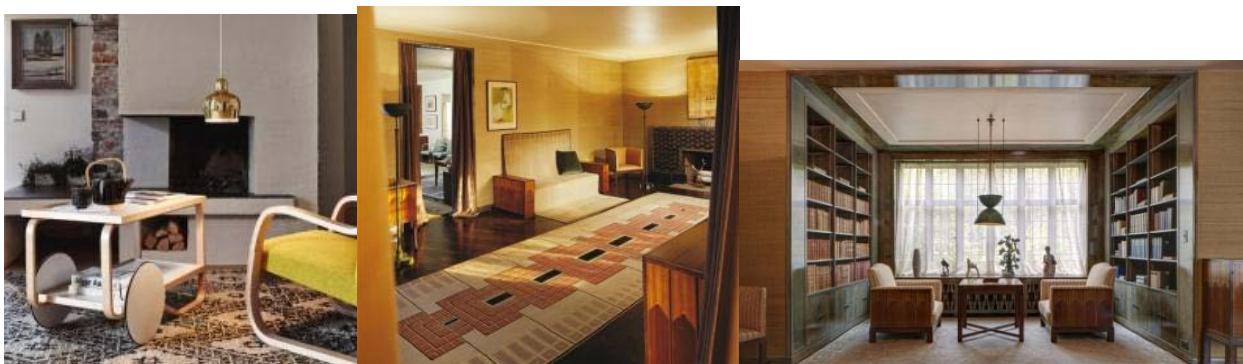


Fig. 9: ARTEK design. Saarinen House, Eliel Saarinen, 1930, Bloomfield Hills, Michigan, USA.



Fig. 10: Modern Finnish Interior. Risto Musta & Johannes Rompanen. Suvi Sillvan, Tampere.

The German colour scheme is calm and restrained, often graphic, as an echo of the interior of half-timbered structures. These are milk, cream, olive, light coffee shades with brown and sometimes black elements (Fig. 11, 12, 13, 14).

To a certain extent, the colour scheme of German interiors reflects the national German character: restraint, severity, precision, rationality. There is nothing extra in the interiors, and everything is in its place.



Fig. 11: The Colour Scheme of the German Interior.



Fig. 12: Modern Interior Design by the German Studio Egetemeier Designs.



*Fig. 13:* Modern Interior Design by Jeanette Heerwagen Design Consulting, a German Studio.



*Fig. 14:* Modern Interior Design by the German Studio Art und Ambiente.

Of course, the results of identifying the dominant colour scheme in the palette of different countries are pretty conditional and depend on many factors, one of which is the personal preferences of the designer and the customer, their temperament, their psychological characteristics. For example, the

individual preferences and temperament of German designers David Rizzo and Peter Bachberg brought rather bright colour accents to traditionally achromatic modern German interiors: David Rizzo's is green, and Peter Bachberg's is yellow (Figures 15, 16).



*Fig. 15:* Coloured Green Accents by Davide Rizzo.



Fig. 16: Yellow Accents by Peter Buchberge.

Ukrainian interiors are characterised by white walls and bright accents of textiles, carpets, pillows and other accessories with a dominant red colour. To create a Ukrainian ambiance, modern designers actively use

ceramic tableware in yellow, red, brown and terracotta, along with paper cuttings, towels and pillows as accents (Fig. 17).



Fig. 17: The Colour Scheme of Ukrainian Interiors.

The meanings of colours in the Ukrainian tradition are based on house paintings, embroideries, and decorations:

1. White means purity, peace and the universe. Whitewashed walls in the house protect against diseases. Our ancestors believed that only young, unmarried girls could wear embroidered shirts with decorative white colour.
2. Red - love, fire, vital energy, joy. It is the most common colour in paintings, embroideries, and towels.
3. Black - prosperity. Since the land is the main breadwinner of our ancestors, they associated black with the land and its fertility. But not all regions of the country think so. For example, in Polissia, black is a symbol of grief and death, while in Podillia and the Borshchiv community, on the contrary, black embroidery on clothes, carpets and blankets promises wealth and prosperity to the owner.
4. Blue symbolises the sky and water (deliverance from illness and the colour of peace of mind). This

colour on blankets, walls, towels and embroideries was considered a powerful amulet.

5. Green is a feminine colour, associated with youth, beauty, nature and spring. It was believed that the presence of green in the house and embroidery protected from the natural elements. Green and yellow colours are especially characteristic of Hutsul interiors. In the past, Ukrainian houses painted stoves with green graphic patterns. A favourite motif was the tree of life.
6. Gold or yellow - this colour is a symbol of the sun and ripe wheat, prosperity, wealth, and joy. It was believed that dishes, blankets, and embroidered shirts with gold and yellow ornaments would help bring material prosperity to the house.

Contemporary designers actively use embroidered ornaments to decorate walls and furniture (Figure 18). For example, designer Yaroslav Galant has created a unique collection of furniture and accessories that proves how much people are interested in Ukrainian motifs.



Fig. 18: Traditional colours of Ukrainian interiors.

#### IV. CONCLUSION

Colour in residential interiors around the world reflects environment, national character and even worldview. Despite the diverse colour schemes used in the interiors of different countries, the emphasis is put on harmony with local nature. Designers prefer natural colours. Various shades of white, ocher, brown, grey and olive are chosen as the primary colours in the decoration of living spaces, and the accent colours are traditional for each country, which carry a specific positive symbolic meaning.

#### REFERENCES RÉFÉRENCES REFERENCIAS

1. Adams, Sh. (2017). *Slovnyk koloru dlia dyzaineriv* [Color dictionary for designers]. Kyiv: Kolibri [in Ukrainian].
2. Eiseman, L. (2007). *Kolir, povidomlennia ta znachennia: kolorovy resurs «Pantone»*. [Color, Messages and Meanings: A «Pantone» Color Resource]. - Hand Books Press [in English].
3. Albers, D. (2016). *Vzaimodzia koloru* [Color interaction]. Kyiv: Kolibri [in Ukrainian].
4. Wax, A. (2007) *Kolirni skhemy Cant Fail: posibnyk iz koloriv dlia inter'ieru ta ekster'ieru vashoho domu v m'iaiki paliturtsi* [Can't Fail Color Schemes: Color Guide for the Interior & Exterior of Your Home Paperback]. - Creative Homeowner Pr [in English].
5. Hevin, E. (2019). *Istoriia koloru. Yak farby zminyly nash svit* [History of color]. How paints have changed our world]. Moscow: Eksmo [in Russian].
6. Gurney, J. (2016). *Kolir i svitlo* [Color and light]. Moscow: Bombora [in Russian].
7. Hess, B. (2009). *Abstraktnyi ekspresionizm* [Abstract Expressionism]. - Taschen [in English].
8. Guild, T. (2017). *Korobka farb Tricia Guild: 45 palitr dlia vyboru kolirnoi tekstury ta maliunka* [Tricia Guild Paint Box: 45 Palettes for Choosing Colour Texture and Pattern]. - Quadrille Publishing [in English].
9. Gill, M., McCauley, M., McCanley, M., Kasabian, A. (2002). *Rozfarbuite svii dim u krasu: idei ta rishennia* [Color Your Home Beautiful: Ideas and Solutions]. - Thunder Bay Pr [in English].
10. Dodsworth, S., & Anderson, S. (2015). *Osnovy dyzainu interieru* [The Fundamentals of Interior Design]. - Fairchild Books [in English].
11. Itten J. (2022). *Mystetstvo koloru* [Art of color]. - Kyiv: ArtHuss [in Ukrainian].
12. Kaufman, D., Dahl, T., Pittel, C. (1999). *Kolir i svitlo: svitli atmosfery dlia pofarbovanykh kimnat* [Color and Light: Luminous Atmospheres for Painted Rooms]. - Clarkson Potter [in English].
13. Konran, T.O. (2018). *Pro kolir.* [About color]. - Kyiv: Kolibri [in Ukrainian].
14. Koss, Zh.H. (2018). *Kolir. Chetvertyi vymir* [Color. The fourth dimension]. - Moscow: Syndbad [in Russian].
15. Kuno, N. (2020). *Poiednannia koloriv na praktytsi* [Combining colors in practice]. - Minsk: Popuri [in Belarus].
16. Pile J. (1997). *Kolir v dyzaini interieru* [Color in Interior Design]. - McGraw Hill [in English].
17. Portillo, M. (2010). *Kolorove planuvannia dlia inter'ieriv: intehrovanyi pidkhid do koloru v sproektovanykh prostorakh* [Color Planning for Interiors: An Integrated Approach to Color in Designed Spaces]. - Wiley [in English].
18. Ragan, S. Poore, J. (1995). *Kolir inter'ieru za dyzainom: instrument dyzainu dlia arkhitektoriv, dyzaineriv inter'ieru ta domovlasnykiv* [Interior Color by Design: A Design Tool for Architects, Interior Designers, and Homeowners]. - Rockport Pub [in English].
19. Sen-Kler, K. (2022). *Potaiemne zhyttia barv* [The secret life of colors]. Kyiv: KM-Buks [in Ukrainian].
20. Starmer, A. (2012). *Bibliia kolorovykh skhem: nadykhaiuchi palityr dlia dyzainu domashnoho inter'ieru*. [The Color Scheme Bible: Inspirational Palettes for Designing Home Interiors]. - Firefly Books [in English].